

Northern Ireland

SUMMER SERIES



The logo for Unison College features the word "UNISON" in a large, bold, purple sans-serif font. A small green vertical bar is positioned to the left of the letter "U". Below "UNISON", the word "COLLEGE" is written in a smaller, green, all-caps sans-serif font.

This summer the
UNISON digital
education programme
continues.



After having to move all our courses online due to Covid-19 restrictions we have developed new content and successfully delivered over 40 courses and Webinars since March. This summer our programme will assist our members and reps to return to workplaces well prepared to organise and ensure that workplaces are safe environments for our members. All of our course are still free to all members, simply register for any course by emailing educationni@unison.co.uk

You will then be sent a link and instructions for joining the course all you need is a mobile device or PC and internet connection. If you don't have access to the internet , a device to participate or are apprehensive about joining in on a course using video conferencing please let us know.

We can put you in touch with an organisation who can help or assist you with the process of joining a course.

Covid - 19 Health and Safety Webinar



As many members prepare for a return to the workplace Health and safety will undoubtedly be a cause for concern. This course is a refresher to the core health and safety course and will focus on risk assessments and in particular the Covid 19 risk assessment.

1st July 10am-12pm

Communicating with impact



The purpose of the course is for participants to develop greater connection with themselves and others around them including:

- Developing an insight into self-including, communication style, behaviour and personality traits that greatly influence their communication.
- Establishing a greater understanding of how and why people behave and communicate the way they do.
- Learning how to confidently and successfully connect with others on a one to one or group basis particularly in presenting themselves to others using a range of techniques and skills around language, physiology and voice.

Monday 6th July 12pm-2pm

Wound Care – Assessment, Diagnosis and Management of Leg Ulcers



This one day workshop will cover a range of topics including epidemiology, impact and costs of leg ulcers, underlying aetiology of leg ulcers, principles of assessing a patient with a leg ulcer, compression therapy and bandaging. It is part of the Tissue Viability Leading Change Competency Based Learning Programme which has been developed with the Huddersfield University. It will be delivered by Tissue Viability Nurse, Urgo Medical.

7th July 10am -12.30pm

Managing potentially violent situations



Using interactive delivery with numerous examples this course will examine the main aspects of how to promote safety in potentially violent situations including:

- Preventing crisis situations from arising
- Understanding the Conflict Cycle and how to resist this
- Understand the types of aggression people display
- De-escalation techniques to defuse conflict
- How to best to respond to keep self and others safe when a service user is in crisis
- Post crisis response: helping service users learn, grow and change
- Consideration of legal context

Please note there are no physical interventions or restraints taught on this course

**21st and 22nd July
10am-12.30pm each day**

Dealing with challenging behaviour



This course will assist members who work with challenging children and young people. Explore methods for positively engaging with children and in the school environment and techniques for de escalating challenging and aggressive behaviour.

**30th and 31st July
10am-12.30 am**

Stewards Training



UNISON stewards are the most important link between members in the workplace, their employer and the wider union. This course is for new stewards to give you the knowledge and skills to support members locally and take on issues in your workplace.

New stewards get paid time to attend (where a facility agreement exists with the employer).

Part 1

4th-7th Aug 10am-12.30pm each Day

Health and Safety training



There has never been a more important time to undertake Health and Safety Training. All stewards are asked to complete Health & Safety training to enable you to support members in the workplace and to secure time off to do so. This is particularly important for those in the private/voluntary sector. This course covers the legislation, risk assessments, workplace inspections, various areas of health & safety such as physical environment, equipment, lone working and work related stress. Being Health & Safety Rep entitles you to paid time off for union duties.

**4th, 5th, 11th, 13th and 19th Aug
2pm-4pm each day**

Palestine a local View



This session explores the experiences of our members who have travelled to Palestine over the past 5 years. Gives an insight to the solidarity work we have been involved in with trade unions and human rights activists.

27th August

2pm-4pm

Planning for retirement pensions session →

As you plan for retirement its helpful to know what to expect and plan what you will need for the future. Lighthouse financial will give an overview of pension schemes and advice for members reaching retirement.

**26th August
10am -11am**

For those who aren't close to retirement but wish to avail of pensions advice from light house. one to one telephone sessions will be available the week following this session.

Essential skills



We currently hold a waiting list for essential skills courses if you are interested please email **educationni@unison.co.uk** to be added to the list.

OET / ILETS preparation classes



If you are due to take the OET Or ILETS test and need some support we can offer one to one tuition with our English Tutor Susan Good. To register please email Nathalie Donnelly on **n.donnelly@unison.co.uk**



To register for any of our courses please email
educationni@unison.co.uk with your name,
course name and membership number if
you know it.

Some further learning resources



Unison Learning and organising offer a range of courses and e learning modules free to members.

<https://learning.unison.org.uk>

Learn My Way is a website of free online courses for beginners, helping you develop digital skills to make the most of the online world.

<https://www.learnmyway.com>

Health and safety advice for returning to work safely

Video guide on returning to work safely and how Health and Safety legislation can protect you.

<https://www.facebook.com/unison.northernireland/videos/254919762405193>

Some further learning resources



South Eastern Regional College (SERC) is recruiting students for a fully funded intensive programme aimed at reskilling furloughed employees or those whose current roles may be at risk of redundancy. The courses, set to commence from 29 June for 8 weeks, are subject to specific eligibility criteria.

<https://www.serc.ac.uk/news/article/Skills-Intervention-Fully-Funded-Training-at-SERC>

Places are limited. To find out more, contact Emma Tate, Business Development Manager at SERC on 079 1959 7734 or email etate@serc.ac.uk

Google Digital Garage

Discover a range of free learning content designed to help grow your business or jump-start your career. You can learn by selecting individual modules, or dive right in and take an entire course end-to-end

<https://learndigital.withgoogle.com/digitalgarage/courses>

OpenLearn

The Open University's OpenLearn offers in excess of 800 free courses in a wide range of different subjects with various courses lengths. Many courses are an introduction to a longer Open University course.

<https://www.open.edu/openlearn>

