



LGB&T EBulletin

July 2018

NEWS

Don't forget to follow our facebook page to keep up to date with events in between ebulletins <https://www.facebook.com/LGBTUnisonNI/>

Older LGBT Workshop

We had a great session with Prof Pam Arnsberger about issues for older LGBT people in California and how they compare to the experience here. Age NI's policy officer Michele Smyth came along and we will keep members informed about opportunities to link in the views of older LGBT people with future initiatives they are running.

Pink News Summer Reception

I attended the Pink News Summer Reception at which Arlene Foster spoke alongside some of the other Party leaders. Following a discussion that evening with UUP leader Robin Swann, Doug Beattie MLA would like to meet UNISON members as part of the Party's engagement with the LGBT community and we will set that up for September. There are some newspaper stories included in the list of articles below but you can read my personal thoughts on the event at <https://www.facebook.com/fidelma1/posts/10156466362898430>

Rainbow Project Break In

The Rainbow Project was broken into this week and items including laptops were stolen. All of their laptops are password protected and data files encrypted so no personal files have been compromised. If you would like to support them to replace stuff and keep doing the good work they are at then you can support them at <https://www.facebook.com/TheRainbowProjectNI/posts/10156560013899859>

Consultation on UNISON LGBT v LGBT+

As mentioned in previous posts, UNISON is consulting on changing from LGBT to LGBT+ to be more inclusive. This means a motion to conference etc. I plan to set up an online poll

to get opinions on this as it has been too difficult to get people to meetings. That will probably go out next week – please keep an eye out for it and respond.

Outing the Past LGBT+ History Project

Outing the Past met with NI trade union LGBT members and community reps to discuss their proposals for 2019 History month events. It is proposed to hold an event in Northern Ireland which showcases the experiences of LGBT+ people and how it relates to wider LGBT history. The international Outing the Past conference will take place in Ulster University in March 2019. Calls for papers for the conference and to contribute to the storytelling events will come out in August/September.

Government Launches Consultation on Reform of the 2004 Gender Recognition Act

<https://www.gov.uk/government/consultations/reform-of-the-gender-recognition-act-2004>

The original Gender Recognition Act was UK wide but now most of the functions are devolved matters so the changes as a result of the consultation will not apply here. A number of trans organisations are looking at this and UNISON will offer support to ensure that Northern Ireland is brought into line with GB.

Pride LGBT Hospital Stalls

Local UNISON reps are going to help out but if any of you can give even 15-30 minutes of your lunchbreak (I know – what lunchbreak!) it would be helpful. It is always easier to engage with staff when they recognise faces on the stall. PHA has provided new goodies to distribute as well as the lanyards.

12 – 2pm

Wed 25 th July 12-2	Mater Hospital, Atrium
Thurs 26 th July 12-2	Belfast City Hospital, restaurant
Fri 27 th July 12-2	Royal Victoria Hospital, opposite shop
Mon 30 th July 12-2	Ulster Hospital, restaurant
Tues 31 st July 12-2	PHA/HSCB Linenhall St, Main Reception
Wed 1 st Aug 12-2	Lagan Valley Hospital, restaurant
Thurs 2 nd Aug 12-2	Antrim Area Hospital, restaurant

We will also be organising additional stalls in local hospitals to co-incide with both Foyle and Newry Prides

HSC LGBT Staff Forum Gallery

There are currently 32 pictures of HSC staff who are out at work on the their website <http://www.lgbtstaff.hscni.net/gallery/> They want to increase that number and the promote it alongside upcoming Prides via Trust intranets. If you would like to be included – send me a photo, with your name, job role and Trust and we will get it up there.

Belfast Pride

There is a fantastic range of events planned for Belfast Pride starting around 25 July running right through 8 August with the Parade on the 4th. Pride is an opportunity to celebrate, to protest, to raise visibility, to give a chance for our straight allies to show their support. You

can run, eat, play football, dance, listen to poetry, stories, debates, watch films, plays, comedy, drag, take part in quizzes, debates, art, learn about history, the law, fertility – so no shortage of activities, many of which are free. While many of the events are run by organisations or groups, Belfast Pride (and indeed Foyle and Newry Prides) are run by a team of volunteers and is a huge undertaking. So please support as many events as you can. UNISON will be taking part in the parade, alongside other trade unions and the Health & Social Care LGBT Staff Forum and we would love it if you along with families and friends would walk with us. We will also be involved in the hospital stalls to promote Pride and will have a stall at the Green Party's Alternative Queer Ulster Night in Stormont. Our two planned events on the Blood Donation Deferral Period and Sapphic Suffragettes will run later in the year.

Three of those who spoke at our UNISON Tenx9 LGBT storytelling night will be speaking again at the Pride Tenx9 on Thurs 26 in the Blackbox – so a chance to hear them if you missed it first time round

The easiest way to check what is happening is via the website events page <http://www.belfastpride.com/events/> which will also include activities that didn't make it in time for the printed programme. You can also follow them on facebook <https://www.facebook.com/belfastpride/> and twitter @BelfastPride We will also share lots of the events on our LGBT facebook page

In the meantime nominations are now open for the **Belfast Pride Awards** – they close on **12pm Sunday 22 July** with voting from Monday 23 July to 12pm on Friday 27 July. This is a chance to recognise some of those who have contributed to our community over the past year. You can nominate at <http://www.belfastpride.com/nominate/> but you don't have to nominate in every category

Categories are

Innovation in Community Services. - Is there a group or service that is delivering services to LGBT+ people in a new or innovative way? Is there a initiative that is doing something different?

Working in Partnership Award - Working in partnership in one of the cornerstones of Pride. Is there a group working with Belfast Pride or groups working together in a way that is helping LGBT people or achieving more than working alone?

Employer of the Year - Many businesses now support the LGBT+ community, support their own LGBT+ staff and work with local LGBT groups – this support delivers more events and services. Which employer do you think has done the most for its staff?

Event of the Year - Which event from the Belfast Pride 2017 programme or other LGBT event during the year do you think deserves special recognition?

Pride Ally – Unions - Unions have been key supporters of Belfast Pride since the first Pride in 1991 and continue to lead on working for Equality. Which union deserves recognition for their work over the last year to support Belfast Pride and Equality issues?

Pride Ally – Community - Belfast Pride encourages community groups to use the platform that Pride offers to promote their work and reach more LGBT+ people. Which community made the best of that opportunity in 2017 with their contribution to Belfast Pride?

Pride Ally – Business - Businesses are increasing speaking up for Equality in the absence of political progress and offering practical support to Belfast Pride and other LGBT+ groups. Which business made a contribution to Belfast Pride 2017 worth particular recognition?

Politician of the Year - We want all of our politicians to support Equality and vote for it. Which politician, in your opinion, has done most or worked hardest for the LGBT+ community in Belfast over the last year?

Best Parade Entry in 2017 - Everyone makes their own kind of effort for the Belfast Pride Parade and every contribution helps make the parade a huge, positive and inclusive representation of our ever-evolving community. Which entry, big or small, float or walking group did you like most?

Contribution to Pride Village 2017 - Pride Village is our family and community marketplace on Pride Day and aims to help connect LGBT+ people to services, advice and information to address needs and improve lives.

Which organisation or groups made the best effort for Pride Village? Who made the best attempt to reach out?

Best Night Out in Belfast - The Gay Village, the Queer Quarter and more offer an impressive, year-long range of entertainment options and safe spaces, seven nights a week. Which night or show is your favourite? Where did you have your Best Night in Belfast over the last year?

Entertainer of the Year - Belfast has many hardworking, creative LGBT+ entertainers working in the Gay Village / Queer Quarter and beyond, but which entertainer deserves the title of Entertainer of the Year for their work over the last year?

Belfast Pride Activism Award - Is there a group, organisation or campaign that has helped improve the position of the LGBT+ community in Belfast over the last year with ongoing work, a campaign or a particular event or achievement?

Highlight of the Year - Is there a moment, event, change or milestone affecting the LGBT+ community in Belfast from the last year that you feel warrants a special mention and could be described as your Highlight of the year?

Will This Be Your First Pride?

Conor from Afro-Mic Productions is currently casting for a brand new documentary series celebrating Northern Ireland's vibrant LGBTQ+ community. We are looking for a diverse group of people across all ages, ethnicities, genders and sexuality to feature in this TV documentary series about attending Belfast Pride for the first time. **'My First Pride'** will look at the thoughts, emotions and preparations behind Belfast's biggest LGBTQ event, and we're looking for real people to share their real feelings, fears, excitement, doubts and experiences in the build-up to the parade on 4th August and on the day itself. We want to create a really positive series that features a diverse range of contributors from all sections of our thriving community. I have included a casting call below and we would really appreciate your help in sharing this post through social media channels or any other avenues, so we can get the message out to as many people as possible. Whether they are a member of the LGBTQ community, there to support a friend or family member, or even attending the parade in a professional capacity we'd like to hear from them.

Please click on this link to find out more and apply:

<https://goo.gl/forms/oiX3jKyYnd08nhs02>

EVENTS (not in the Belfast Pride Programme)

Upcoming Pride Parades & Festival (generally the week running up to the parade)

Foyle Sat Aug 25th <http://foylepridefestival.com/>

Newry Sat Sept 1st <http://prideinnewry.com/>

A full list of all UK Prides is at <http://www.ukpon.lgbt/pridedates/>

Same Sex Family Fundraising Coffee Morning at 11am on Sat 21 July

<https://www.facebook.com/events/2074942752791355/>

Support the same sex family fundraiser by coming along and eating cake

Deja VuVu Pride Disco from 9pm on Saturday 4th August in the Pavillion Bar, Belfast

<https://www..meetup.com/Deja-vu-vu/events/251441777/>

A woman's night to celebrate Pride to the sounds of the 70s, 80s & 90s. Adm £5

Books and Blether – 7.45pm on Thurs 9 August in The Mac, Belfast

<https://www.meetup.com/Deja-vu-vu/events/251379663>

A regular book club for lesbian, bi and trans women. The next book is Standing in the Rainbow by Fannie Flagg

RESEARCH/SURVEYS

Queering The Family – BBC, QUB and UU initiative pulling together the data since 1989 from The Life & Times Survey showing how attitudes to LGBT people in Northern Ireland has changed

<https://canvas-story.bbcrewind.co.uk/sites/queeringthefamily/>

LGBT People and Work – Stonewall Research 2018 (GB only)

https://www.stonewall.org.uk/sites/default/files/lgbt_in_britain_work_report.pdf

LGBT in Britain – Trans Report 2018 (GB only) <https://www.stonewall.org.uk/lgbt-britain-trans-report>

It's all right now? Re-thinking queer activism for the 21st century Fish, Julie ; Almack, K. ; King, Andrew 2018 <https://www.dora.dmu.ac.uk/xmlui/handle/2086/16186>

Promoting good outcomes in Lesbian, Gay and Bisexual cancer care: a qualitative study of patients' experiences in clinical oncology - 2018

Fish, Julie ; Williamson, I. ; Brown, Jayne ; Padley, Wendy ; Bell, Kathleen ; Long, J.

<https://www.dora.dmu.ac.uk/xmlui/handle/2086/16125>

"Ghosts from the past": The re-emergence of internalized religious stigma following diagnosis of HIV among Northern Irish gay men' by Kerrigan & Gill

<https://www.tandfonline.com/doi/abs/10.1080/00918369.2017.1423219>

Post-primary school experiences of 16-21 year old people who are Lesbian, Gay, Bisexual and/or Transgender (LGB&T) published by the Dept of Education

<https://www.education-ni.gov.uk/publications/post-primary-school-experiences-16-21-year-old-people-who-are-lesbian-gay-bisexual-andor-transgender-0>

UNISON's Resources for LGBT Members – LGBT History, work related fact sheets

<https://www.unison.org.uk/about/what-we-do/fairness-equality/lgbt/>

Get informed about what it means to be intersex

<http://everydayfeminism.com/2016/04/things-know-born-intersex/>

LGBT Foundation Resources for Young LGBTQ People <http://lgbt.foundation/get-support/for-young-people/resources/>

How to tackle transgender discrimination at

work <http://www2.cipd.co.uk/pm/peoplemanagement/b/weblog/archive/2017/11/06/how-to-tackle-transgender-discrimination-at-work.aspx>

INTERESTING NEWS ARTICLES

40% of LGBT teachers experience bullying

<https://www.tes.com/news/exclusive-40-lgbt-teachers-experience-bullying>

Britain cannot stay silent as LGBT rights are rolled back across the world

<https://www.theguardian.com/commentisfree/2018/jul/06/britain-lgbt-rights-poland-indonesia-trump-america-gay-judges>

Meet the priest advocating for LGBT inclusion at a Catholic Church gathering next month

<https://www.pinknews.co.uk/2018/07/20/father-james-martin-lgbt-inclusion-catholic-church-world-meeting-of-families/>

We were forming family': how LGBT sports grew in the early 1980s

<https://www.theguardian.com/tv-and-radio/2018/jul/19/light-in-the-water-west-hollywood-aquatics-team-lgbt>

Scarlett Johansson quits trans role after LGBT backlash

<https://www.bbc.co.uk/news/entertainment-arts-44829766>

The 'macaroni' scandal of 1772: 'gay' trial a century before Oscar Wilde

<https://www.independent.co.uk/arts-entertainment/the-macaroni-scandal-of-1772-gay-trial-a-century-before-oscar-wilde-a8445976.html>

'Batwoman' to become first superhero show with openly gay lead

<https://www.nme.com/news/tv/batwoman-become-first-superhero-show-openly-gay-lead-2355811>

The Photo Series Challenging What It Means To Be Non-Binary

<http://www.mtv.co.uk/lgbtq/news/the-photo-series-challenging-what-it-means-to-be-nonbinary>

Transgender man's legal challenge to N Ireland Secretary

<https://www.bbc.co.uk/news/uk-northern-ireland-44746244>

Activists hail Lebanon court ruling that could protect gay rights

<https://www.alaraby.co.uk/english/news/2018/7/17/activists-hail-lebanon-ruling-that-could-protect-gay-rights>

The transgender acid attack survivor running for parliament

<https://www.bbc.co.uk/news/world-asia-44684714>

The Supreme Court must overrule colonial-age laws that ban gay sex. I don't want anyone to go through what I did

<https://www.independent.co.uk/voices/indian-gay-rights-supreme-court-hearing-wisdom-to-court-a8451336.html>

Role models and allies critical to LGBT inclusion at work

<https://www.ft.com/content/840cba00-7f5f-11e8-8e67-1e1a0846c475>

'Boy Erased' trailer previews film about so-called gay conversion therapy

<https://edition.cnn.com/2018/07/17/entertainment/boy-erased-trailer/index.html>

'Gay conversion therapy': Group to seek legal advice on ban

<https://www.bbc.co.uk/news/uk-northern-ireland-44697530>

Transgender van driver sues for gig economy discrimination

<https://www.bbc.co.uk/news/uk-44847564>

'I broke the contract': how Hannah Gadsby's trauma transformed comedy

<https://www.theguardian.com/stage/2018/jul/16/hannah-gadsby-trauma-comedy-nanette-standup-netflix>

Gay couple publicly flogged 80 times in Indonesia for having consensual sex
<https://www.pinknews.co.uk/2018/07/13/gay-couple-flogged-sex-aceh-indonesia/>

Transgender man's friends step in to organise funeral after no one collected his remains
<https://www.mirror.co.uk/news/us-news/transgender-mans-friends-step-organise-12948803>

Catholic Church teaching on homosexuality 'evil', McAleese says
<https://www.irishtimes.com/news/social-affairs/catholic-church-teaching-on-homosexuality-evil-mcaleese-says-1.3548765>

Arlene Foster's tone deaf speech to the LGBT+ community
<https://www.independent.co.uk/voices/dup-arlene-foster-pink-news-lgbt-speech-homophobia-hate-same-sex-marriage-a8423091.html>

Arlene Foster tells LGBT community – We are all equal (yeah right)
<https://news.sky.com/story/dups-arlene-foster-tells-lgbt-community-we-are-all-equal-11420207>

LGBT rights must trump religious freedom
<https://www.pinknews.co.uk/2018/07/05/speaker-john-bercow-religious-freedom/>

GROUPS AND SUPPORT

Some dates or days may have changed for groups, so please contact the relevant organisation to get the most up to date information on meeting/event times.

LGBT NI Switchboard Telephone – 0808 8000 390 – Free from landlines and most mobiles: Tuesday, Wednesday, and Thursday – 6pm – 9pm or click the live chat icon at the bottom right of the screen during these hours for online chat support with a volunteer
<http://www.cara-friend.org.uk/projects/lgbt-switchboard-ni>

LGBT Northern Ireland – general website with links to a variety of groups <http://lgbtni...org/>

HSC LGBT Staff Forum – a forum for staff working in Health & Social Care in Northern Ireland
<http://www.lgbtstaff.hscni.net> @HSC_StaffForum

Belfast Trans Resource Centre 98 University Street, Belfast, BT7 1HE
This offers regular drop ins, social events, information and advice. It is home to a number of trans groups but is not open all the time. Check out <https://genderjam.org.uk/> for info

Belfast LGBT Centre **23-31 Waring St, Belfast BT1 2DX** – home to Rainbow Project, HEReNI, Carafriend and Queerspace. <https://www.facebook.com/BelfastLGBTCentre/>

Foyle LGBT Centre, Orlan House 20 Strand Rd, L'derry BT48 7AB – home to Rainbow Project and local trans groups.

Regional

Rainbow Project has set up regular LGBT groups in Armagh City, Ballymoney, Banbridge, Coleraine, Dungannon, Enniskillen, Magherafelt, Omagh & Strabane. To find out where and when they meet and more about them, contact Mardi on mardi@rainbow-project.org

Belfast

Deja VuVu

This is a meet up group for lesbian and bi women where group members suggest outings, activities and issue an open invitation. It is quite active with regular meet ups – walks, cinema, plays, darts, come dine with me type events. You need to join the online group to get information <http://www.meetup.com/Deja-vu-vu> Mainly in Belfast but not exclusively.

The Rainbow Project in Belfast & Derry provides a range of services including sexual health screening, counselling, support, information and training <http://www.rainbow-project.org/>

HERe NI Family Group

The HERe NI Family group is our longest running group being established in 2009. In response to the baby boom that's happened in the lesbian community over the past number of years, we have also held a baby and toddler group meeting and a range of family support. It has a story corner where you can come in with your children and access books with same sex themes. There are also a range of social activities each month and a drop in from 3 – 5pm the last Saturday of the month open to all lesbian and bi women and a weekly Rhymetime - storytelling & music session For more info contact www.hereni.org.

HERe NI Wow Group

Meet on the first Wednesday of the month. All over 30's ladies are welcome to attend the range of social activities and workshops which run throughout the year. For more info contact cara.mccann@hereni.org.

Queer Space Inspace Drop In <http://www.queerspace.org.uk/>

Takes place on the 1st & 3rd Saturdays of every month from 3.30 – 6pm in Belfast LGB&T Centre. An informal drop in open to LGB&T people for a coffee and chat.

Cara Friend Youth Group <http://www.cara-friend.org.uk/projects/glyni>

A range of drop in and group activities for young people from 16 – 25 years in Belfast, Ballymena & Cookstown

YouthAction Out and About Young Women's Group

Targeted at young women from 16-25, the group meets in Belfast regularly with a new group now in Enniskillen.

<http://www.youthaction.org/dynamic/programmemain.aspx?Author=GE&prog=109&ParCa t=22&pid=5> or contact Gail@YouthAction.org

Derry

Live & Let Live meeting every Tuesday in Foyle Rainbow Centre at 8.30pm for LGB&T people who have a desire to recover from alcohol or narcotic additions. www.rainbow-project.org

The Rainbow Project facilitates a mixed *youth group* for young LGB&T people. The group meets on a Tuesday and Wednesday evening from 5-7pm in a well-managed safe environment at our Foyle Centre, as well as organising and participating in other projects both locally and regionally, including residential events with other youth groups from across Northern Ireland and further afield. For more information, contact Susan on 028 71283030 or email susan@rainbow-project.org

Trans Derry meets every Thursday in Foyle LGBT Centre
<https://www.facebook.com/groups/Transderry/>

Newry

A LGB&T women's group meets every Thursday evening in the Rainbow Centre Newry and For more information please contact Nuala Devenny either by phone:028 90319030 or email: nuala@rainbow-project.org

The Rainbow Centre in Newry run regular events in the Centre and hold a monthly club night in Bellinis www.gaynewry.com

Omagh

A LGB&T peer group in Omagh meets the last Wednesday of every month. For more information please contact Nuala Devenny either by phone: 028 90319030 or email: nuala@rainbow-project.org

Armagh

The Rainbow Project is facilitating a new social and peer support LGBT group in Armagh. Contact Nuala@rainbow-project.org for info

Trans Specific General Info at www.transgenderni.com

Belfast Trans Resource Centre 98 University Street, Belfast, BT7 1HE

This offers regular drop ins, social events, information and advice. It is home to a number of trans groups but is not open all the time. Check out <https://genderjam.org.uk/> for info

Focus : The identity Trust offers support to individuals diagnosed with gender dysphoria
www.thefocustrust.com

T- @thefocustrust.com FB- [facebook@thefocustrust.com](https://www.facebook.com/thefocustrust.com)

Trans Derry meets every Thursday in Foyle LGBT Centre
<https://www.facebook.com/groups/Transderry/>

Trans Belfast meets in the LGBT Centre at Waring St every week

<https://www.facebook.com/#!/transbelfast>

Gender Essence offers support and a drop in at LGBT Centre in Waring St

<https://www.facebook.com/groups/25049822043>

SAIL offers support to families of trans people and can be contacted via

<https://www.facebook.com/#!/groups/SAILNI> sail@transgenderni.com

GenderJam NI is a social support & advocacy group for young (16-25yrs) transgender, gender-variant, questioning and intersex people in Northern Ireland

<https://www.facebook.com/GenderJamNI> @GenderJamNI

www.genderjam.org.uk

AffirmNI is a Northern Ireland charity working for all Transgender people irrespective of stage of transition or identity www.facebook.com/AffirmNI <http://www.affirmni.co.uk/>

Anchor Trans NI is a social support group for transmen, trans* masculine, gender variant, non binary & questioning people, who were assigned female at birth (AFAB) aged 25+. Email

hello@anchortransni.org

Non Binary NI is a social support group for those who identify as non binary

<https://www.facebook.com/nonbinaryNI/>

LGBT Families

Are you a Gay or Bi-Sexual Dad? Or a Gay or Bi-Sexual male with caring responsibilities for a child or young person in your family?

You could be an Uncle, Cousin, Brother etc that supports your family by looking after a child at the weekend, or baby sitting or taking them on days out. If you are, Rainbow is here to support you with your caring responsibilities. Contact: familysupport@rainbow-project.org

Thinking of starting a family?

HereNI offers support and information to anyone considering becoming parents. If you are thinking through the options we might be able to help, answer questions and provide you with more information.

Contact Tracey at tracey.mcdowell@hereni.org to arrange a chat.

Family Group

The Here NI Family Group is run by mums and would-be mums. It's a group/ meeting space for lesbian and bisexual women who have kids or who are planning to have children meets and meets once a month to share ideas and resources, offer support and organise events. Children are welcome at many of our events and we're always open to new people coming along. CONTACT: Here NI Family Group – Family Support Officer Grainne Gibson Email:

grainne.gibson@hereni.org

LGBT Faith Groups

Spectrum – a monthly gathering in the Agape Centre Belfast for LGBT+ Christians and friends (all denominations)

<https://www.facebook.com/belfast.spectrum/>

Accepting Sexuality – a Methodist initiative to support the inclusion of LGBT people within their Church <https://www.facebook.com/asgroupireland>

LGBT Presbyterians – a new group of LGBT Presbyterians and allies to promote inclusion of LGBT people within their Church Email lgbtirlshprebyterian@gmail.com for info

GET ACTIVE

LGB&T Walking & Running/Jogging Evenings in Derry

This is a great way to meet people and get some exercise in a fun relaxed way. Sunday morning strollers meet at 11am, with a further walking evening on a Wednesday at 7pm. The running/jogging group meets on Tuesdays and Thursdays at 6pm - beginners welcome. Both starting points are at Foyle Rd car park opposite Damien House. Info on facebook <https://www.facebook.com/lgbt.andfriends.52> and via twitter @LGBTNI .

Out 'n About Walking group

A walking group for LGB&T people with walks across Northern Ireland, though predominantly in the Mourne area. Lifts available from Belfast. Meets twice a month <http://www.outnabout-ni.dreamhosters.com/>

Deja VuVu Walking Group

An ad hoc walking group for lesbian and bi women. More details at <http://www.meetup.com/Deja-vu-vu>

Newry LGB&T Walking Group

This runs on a Tuesday night and walkers can meet at the Rainbow Centre at 7.30pm

Belfast Front Runners

Belfast Front Runners is a running and walking group for lesbian, gay, bisexual and transgender people (LGB&T), and their supporters. Runners and walkers of all levels, ethnic backgrounds and sexual identities are welcomed. They meet for fun runs on Tuesday evenings at 6.30 pm in and around the South Belfast. For information contact belfastfronrunners@gmail.com

Park Runs

These are not LGB&T specific but have a nice friendly atmosphere. These are free 5k timed run/walks which take place every Saturday morning at 9.30am in Craigavon, Ballymena, Portrush, Lisburn, Bangor, Derry, Newtownabbey, Larne, Antrim, Comber and in Belfast parks - Waterworks, Falls, Victoria and Queens sports pitches. You need to register once online in advance to get your barcode which allows your run or walk to be timed. More info on <http://www.parkrun.org.uk>

If you do not wish to receive this ebulletin or would like to receive it to an alternative email address just let us know by contacting Fidelma at f.carolan@unison.co.uk You can also put forward suggestions on what type of information you would like. We have a facebook page, please check it out <http://www.facebook.com/pages/LGB&T-Unison-NI/138564629499730>

UNISON plays an active part in promoting issues which affect LGB&T people in workplaces as well as engaging with the LGB&T community throughout the year. Join the mailing list and in addition to our ebulletins, we post out programmes for festivals such as Pride and Outburst. If you have LGB&T friends who work in health, education (non teaching) and the community/voluntary sector, encourage them to become a member because together we can make a difference www.unison.org.uk/join . To go onto the LGB&T mailing list, just send details to lgbtني@unison.co.uk