



What does work to rule mean?

- Not working unpaid/excess hours
- Remain on designated ward except in cases of emergency/exceptional circumstances or health and wellbeing clinic (community staff) working in a geographical area
- Taking all contractual breaks
- Commencing from and completing duty on time to contractual hours
- Not completing paperwork other than individual patient records
- Not carrying out duties of other staff due to shortages including housekeeping, cleaning, portering or environmental teams etc
- Not accompanying patients to tests and investigations unless there is an identified clinical requirement
- Not undertaking non clinical administrative tasks
- Not collecting prescriptions from Pharmacy or Pharmacy in the community except in exceptional circumstances
- Not collecting or delivering non-urgent blood samples in the community
- No overtime, additional hours, bank or agency work on strike days
- No carrying equipment
- Not attending meetings including bed management or bed co-ordination
- Not attending any meetings, conferences or training (except mandatory training)
 organised by employers or the Department of Health
- No conducting handovers outside of contracted hours
- Remaining in own designated ward/area unless in an emergency situation
- No training excluding mandatory training